

※学校給食だよりには主な材料のみを記載しています。加工品の原材料は小樽市のホームページに掲載しています。

Table with columns for month (月), day (日), menu items (メニュー), and nutritional information (栄養成分). Includes a 'School Lunch Intake Standard' (学校給食摂取基準) section with energy and nutrient targets for elementary and middle school students.

Section titled 'おいしく食べるために、健康な歯を保とう!' (To eat deliciously, let's keep healthy teeth!). Includes a cartoon character and a list of 'Points for maintaining healthy teeth' (健康な歯を保つためのポイント).

Section titled '未来へつながる食をを考えよう' (Let's think about food that connects to the future). Includes a 'June is National Nutrition Month' (6月は食育月間) notice and a 'Future of Food' (食の未来のためにできること) section with illustrations about food safety and nutrition.

Section titled '～生の果物を提供します～' (We provide fresh fruits!). Announces the provision of fresh fruit on June 5th (Friday) and provides information about the 'Kishu Fry' (くじらフライ) menu item, including its history and nutritional benefits.